



**BODY SHAPE** is what we really need and desire - to **LOOK YOUNGER**.

- \* I see several people around me or on TV, that have lost their youthful look, replaced by a blurred out frumpy one. They either don't know how they can restore their youthful look, or don't care.
- \* The really sad part is that this is starting to happen at a much earlier age.
- \* The **ROOT CAUSE** of course, is that our bodies start accumulating **FAT** and **TOXINS** that the **LIVER** couldn't break down.
- \* **DIET** and **EXERCISE** isn't going to remove them - but **NATURE** has the 2 essential oils that can.
- \* It is not our fault that the food we buy contain so many **Synthetic Chemicals**, and no one is yet offering a solution to the **Obesity dilemma** - but we deserve to stay **YOUNGER LOOKING**.

### SUMMARY

1. **CAUSE** of **WEIGHT GAIN** is **ACCUMULATION** of **TOXINS** and **FAT** in Normal Fat tissue.
2. This happens because the **LIVER HORMONES** are overwhelmed and not able to break down all the **TOXINS** and **FAT** in the blood - and they are too large to pass onto the **KIDNEY** for fine blood filtering. The body then automatically sends them to be stored in Fat tissue.
3. Perpetuating the notion that **Weight Gain** is just caused by lack of exercise and too much sugar in drinks and highly processed food - is a very narrow, naive, and unfair explanation - making people feel as if it is their fault for **Weight Gain**.
4. It is clear, that something major has changed in society - for there to be 2 billion overweight people - that is new phenomena - so why tell them they are doing something wrong - they are buying and eating food that is provided by stores, like people have been doing for generations.
5. The conditioned mindset that society follows - is how to fix symptoms - instead of how to **PREVENT** them happening. This guarantees that a real solution for **PREVENTING OBESITY** will never happen.
6. The **FIRST** factor to know, is that most food we buy is **Low** in **REAL NUTRIENTS** - so having **SUPERFOOD** made up, in the fridge - guarantees you are getting enough **REAL NUTRIENTS** - which every cell in our body needs.
7. The **SECOND** factor to know, is that all food we buy at the Supermarket contains **SYNTHETIC CHEMICALS** - which can end up being stored in our Fat tissue. They can also disturb **LIVER HORMONE** function, and **HYPOTHALAMUS** Master Gland function in the Brain - so that it is not able to initiate the production of **HORMONES** that the **LIVER** needs to break down **TOXINS** and **FAT**. There are hardly any of the **Synthetic Chemicals** that have been tested - to see how they affect our Health.
8. The **THIRD** factor to know, is that we can not avoid being exposed to **TOXINS** - which means that finding a solution to **PREVENTING** **Weight Gain** is **Challenging**.
9. That **NATURE** has 2 rare and powerful essential oils, that help address the task of **Weight Loss** and **Maintaining Normal Weight** is a special gift to mankind's problem.