

SUPERFOOD MEALS



snacks & SF



vege pies & SF



spag bol & SF



bacon & SF



fries & SF

- * Simply ADD SUPERFOOD to your favourite meal or snack.
- * Cheese slices and SUPERFOOD are ideal to take to work for lunch.
- * For Breakfast - half a slice of toast, 1 fried egg, and 1 piece of bacon and SUPERFOOD.
- * For evening meal - spaghetti bolognese and SUPERFOOD is very tasty.
- * Eating SUPERFOOD guarantees you are getting enough REAL NUTRIENTS - so it takes the stress out of worrying what food to eat.
- * It is also a good habit to continue after Weight Loss - to maintain Normal Weight and body shape. Doctors are already predicting that in the next generation - the one single factor for Health maintenance - is not getting enough FRESH GREEN VEGETABLES.