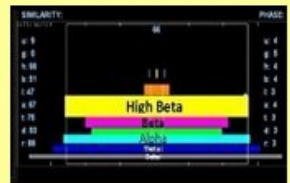


- * **MENTAL TELEPATHY is a Real, Practical Tool.**
- * **Essentially it is using your own MINDPOWER to COMMUNICATE with**
 - your own cells for healing and goals
 - someone else, or even group of people
 - the whole planet, or Universe as it is often described.
- * **To be able to do this most effectively, it helps to have your Brainwaves balanced, and in particular have plenty of the Lower 2 frequencies of Delta and Theta.**
- * **They are the ones that relate to COMMUNICATION, LATERAL THINKING, and CREATIVE INTUITION.**



- * Once you are in this **BALANCED** Brainwave state - your **MENTAL THOUGHTS** are able to be transferred to whatever location and purpose.
- * You may want your Immune cells to heal a bruise or infection - so you direct your thoughts at this location. Or, you may have some specific goal or outcome that you desire - so you focus on that happening.
- * If there is a specific person that you want to transfer some special thoughts to, whether closeby or further away - you focus on that person and what you want to communicate to them. Have you ever thought of a special person in your life, and suddenly the phone rings and it is them?
- * This is the exciting **TELEPATHIC** part that does work - you **CAN** communicate with someone just by mental thoughts. My first experience of this was when I was at a seminar - and I said hello to the lady standing next to me at morning tea. I said Hello Sonia - and she looked at me shocked. She said her name was Susan - but she was just thinking about her daughter Sonia. I had picked up her mental thoughts.
- * This **TELEPATHIC COMMUNICATION** is just so exciting and useful. I use it every day in my life. e.g. the other day my landlady was going to come by and collect my monthly rent - so I sent her my best wishes - that she was a beautiful lady, and that I wanted her to be happy and friendly when she called in. Lo and behold she arrived with a bag of grapes and watermelon. We are still having extreme hot weather, and that was a very kind gesture. She works in her company office 5 days a week, and is in her early 70's.
- * You can use this **TELEPATHIC** feature over any distance, and for any purpose. Just focus on the person and the thought you want to send to them e.g. you may simply want your usually grumpy boss at work to be nice and friendly to you. You will be blown away, when you arrive at work and welcomes you with open arms, like a long lost cousin.
- * When you form your thoughts, it is imperative that you **VISUALISE** the outcome and feel what it is you desire to communicate - not just a simple thought or statement - but as if it is actually happening. The bottom 2 brainwaves affect the **LIMBIC** area of the brain that deals with emotion - and that is what you want to convey - not just bland statements or thoughts.
- * These 2 brainwaves also communicate with the universe - so if you want to attract solutions or ideas for a creative project or important task - they will come to you automatically - if you have put the thought out for the universe to find them.
- * Einstein was known to get up at 3 a.m. and start writing down mathematical formulas - as they appeared in his mind - he didn't calculate anything - they just came to him from the universe.
- * You need to always try to maintain a positive mental state - to achieve your own goals and influence others in a positive way - and attract people to you.
- * See yourself as you wish to be - see others as you wish them to be - and see conditions as you wish them to be.

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