

One well known head of a multi billion dollar company drinks several cans of a diet soft drink every day.

Does he know a secret about how healthy diet drinks are?

**DIET DRINKS** have **NO NUTRIENTS**, only **Many SYNTHETIC CHEMICALS**, some of which can reach the **BRAIN** and disturb **Master Gland** function - which can then accumulate and lead to **Diseases** such as **Dementia**.



- \* Actually, dishwater might have more nutrients, because of food particles present.
- \* The perception is that there must be less sugar, and hence calories - so must be more healthy to drink than normal, non diet drinks.
- \* Problem is, that most soft drinks don't have real sugar to start with - they contain **ARTIFICIAL SWEETNERS**, which are used because they are very cheap and very sweet - but the body regards as **TOXINS**.
- \* Every cell in our body needs **REAL SUGAR** for energy - but nearly everything we buy now, doesn't have any.
- \* **DIET** drinks and foods, contain many more chemicals to give the perception that it is a different, healthy taste and product. Some top brand Diet Drinks contain not just dozens, but hundreds of different **Synthetic Chemicals** - which make them even **Less healthy**, than the original normal drink before it was made diet.
- \* Moral of the story then, is that if you see the word **DIET** written on any product - consider it **UNHEALTHY**.
- \* More **Toxic chemicals** are being found in the **Brain**, as the cause of neurological diseases, and almost no **Synthetic Chemicals** in Diet drinks have ever been tested of their effects on the brain. Our body is very sensitive, and just a billionth of a drop of **Synthetic Chemical**, just like a virus - is enough to disturb our **Master Glands**.